

Top 25 Bee Plants for the NC Piedmont

Adopted from Debbie Roos, NC Cooperative Extension

Spring Blooming

- Wild indigo (*Baptisia* spp.)
- Spiderwort (*Tradescantia* spp.)
- Purple coneflower (*Echinacea purpurea*)
- Stoke's aster (*Stokesia laevis* 'Peachie's Pick')
- Lanceleaf blanketflower (*Gaillardia aestivalis*)
- Bee balm (*Monarda* spp.)
- Catmint (*Nepeta faassenii* 'Walker's Low')
- Beardtongue (*Penstemon* spp.)
- Golden Alexander (*Zizia aurea*)



Bee balm (*Monarda* spp.)



Blazing Star (*Liatris spicata* & other species)

Summer Blooming

- Milkweeds (*Asclepias tuberosa* and *A. incarnata*)
- Ornamental oregano (*Origanum laevigatum*)
- Passionflower (*Passiflora incarnata*)
- Anise hyssop (*Agastache* x 'Blue Fortune')
- Blazing Star (*Liatris spicata* & other species)
- Mountain mint (*Pycnanthemum virginianum* & other species)
- Lesser calamint (*Calamintha nepeta*)
- Stonecrop (*Sedum* x 'Autumn Joy')
- Sneezeweed (*Helenium* spp.)
- Culver's root (*Veronicastrum virginicum*)



Asters (*Symphyotrichum* spp.)

Fall Blooming

- Spotted horsemint (*Monarda punctata*)
- Asters (*Sympphyotrichum* spp.)
- Climbing aster (*Ampelaster carolinianus*)
- Joe-pye weed (*Eupatorium dubium* & other species)
- Goldenrod (*Solidago* spp.)
- Ironweed (*Vernonia lettermanii* and *V. noveboracensis*)



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